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AP English 11 P5

Media Hurts Feelings

Many people deal with the struggle of fitting into society’s standards of beauty. Those standards are usually broadcasted through different media outlets, such as social media, commercials, and advertisements. These beauty standards that are shown all over different media platforms create a stigma in people’s view of themselves. These standards that society creates hurts the way people see themselves, this dissatisfaction can lead to extreme life threatening outcomes from decisions they have made to fit these nearly impossible standards.

These standards are nearly impossible to accomplish. These impossible images are created by Photoshop which everyone forgets exists when they look at a magazine. Nearly all images are photoshopped and look nothing like the women in the real world(Bromberg-Krawitz). With almost everywhere a woman looks they see another woman with an impossible body and does not have that body which seems so common, it hurts their self-image that they do not look like those photos. With that said, these unrealistic thin images of women, pressure women to feel that they do not fit this “norm.” Many women feel like they need to fit this “normal” body image and numerous women go to get cosmetic surgery done to fit their body ideal influenced greatly by the media. In the MP report from 2014 they said that the pressure to look good has increased the by nearly 20% since 2008 (Roxby).

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